

It's your life – play your own game

How changing the rules you live by can transform our world

Transforming our lives is only possible when we become aware of the rules that currently dominate our thoughts and actions. When you change the rules you live by, it not only transforms your life, it touches others in unexpected and miraculous ways.

In this book, author Jenny Mallos examines such themes as trust, hope, love, forgiveness and success – reflecting on how they play out in our lives and exploring what is possible when we are willing to go beyond our known limitations, embracing new ways of thinking and doing.

Included at the end of each chapter are a series of questions encouraging the reader to pause and reflect on the issues raised by each theme and act as guide to higher levels of awareness and clarity of vision. The book's ultimate message is about making life choices that can create a life of fulfilment, happiness and harmony.

Self-knowledge and self-awareness are the gateways to reclaiming our personal power and living an extraordinary life. This book is a must read for those who are passionate about reclaiming their power and are committed to making a difference in the world.



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